Abbey Runners Grand Prix 2024 - Male Age Graded Table

Short Races | **Medium Races**

Rank			Dewsbury 10k	St Aidans Winter Beast	PECO XC 22-23, Race 5	Willow Flyer	Ilkley Trail Race	Club Trip	Club Handicap	Otley Chevin Fell Race	Summer Mile	Kings Challenge	Rush Around the Rhubarb	Kirkstall Abbey 7	Morley 10k	Post Hill	PECO XC 23-24, Race 1	Vale of York 10	Baildon Boundary Way	Bluebell Trail	Otley 10m	Ilkley Half	Round Hill	Rombalds Romp	St Aidans Half	Settle Loop	Guy Fawkes 10	Long Run		Club Relay	Target Parkrun	Bonus Points	Volunteering	Total Pts
1	Tom	Rogerson	84.2	91.5	80.0	88.9												89.0												50.0	50.0			533.6
2	David	Leslie		95.8	87.4													92.2	~~83.3~~	87.1								Rombalds Stride	74.5	50.0				487.0
3	John	Ward	91.8	101.8	88.7														81.0											50.0				413.4
4	Adam	Ellis	59.7	58.4	53.2	61.3												57.6	~~51.2~~	54.4											50.0			394.6
5	Charlie	Craddock	64.7		65.7	68.0														63.4								Coniston 14	61.2	50.0				372.9
6	Carrick	Armer	64.5		68.7	73.6													64.0											50.0				320.8
7	Thomas	Shorrock		59.1	54.1	58.0														51.7											50.0			272.9
8	Tony	Bastin	82.7		81.4																							Coniston 14	81.0					245.1
9	Mike	AC	80.3																83.4									Spen 20	78.9					242.6
10	Jim	Whittaker		83.5	72.7															74.2														230.3
11	Martin	Frazer	84.4		89.1																									50.0				223.5
12	Paul	Greene	80.4		83.1																									50.0				213.4
13	Stef	Brienen			84.6																							Heptonstall	78.1	50.0				212.7
14	Matthew	Ellis	71.0		72.8																									50.0				193.7
15	Simon	Jones			89.2																							Rombalds Stride	90.5					179.7
16	Peter	Blinston	65.5		66.9																							London Marathon	47.1					179.6
17	Tom	Bysouth			87.2																							Rombalds Stride	85.1					172.3
18	Phillip	Scholefield	78.6	90.4																														169.0
19	Paul	Craven		85.0	83.1																													168.1
20	Richard	Ashworth			81.7																							Coniston 14	83.7					165.4
21	Ben	Rowe-Patel	79.9		84.9																													164.8
22	Robert	Cumming	87.4																									London Marathon	74.2					161.7
23	Rory	Goldthorpe	77.9		78.9																													156.8
24	Luis	Palicio	74.9		76.2																													151.1
25	Ross	Hutchison		100.8																										50.0				150.8
26	Kazuki	Morimoto	73.4		76.6																													150.0
27	Joel	Rhule-Samuel	82.2																									Barcelona Marathon	63.5					145.8
28	Peter	Persico	66.1	77.7																														143.7
29	Matthew	Holmes			93.5																									50.0				143.5
30	Ali	Ameri	77.2																									London Marathon	62.2					139.3
31	Dominic	Fanaroff			87.6																									50.0				137.6
32	Mike	Smith		72.3																64.1														136.4
33	Ajay	Parmar			75.8																									50.0				125.8
34	James	Balkwill	73.6																											50.0				123.6
35	Aidan	Mooney			57.7																									50.0				107.7
36	Freddie	Roden			98.8																													98.8
37	Steven	Scott																										Spen 20	96.5					96.5
38	David	McGuire			90.5																													90.5
39	Cal	Clark			90.0																													90.0
40	Simon	Harris			89.7																													89.7
41	Ed	Newbould																										Rombalds Stride	87.6					87.6
42	Ross	Armstrong			81.7																													81.7
43	Luke	Wray-Rogers			80.5																													80.5
44	Stefan	Franz																74.4																74.4
45	Ian	Patchett			73.3																													73.3
46	Karl	Parker			68.0																													68.0
47	David	Nahal																										London Marathon	65.8					65.8
48	Tom	Engel-Clarke																										London Marathon	64.3					64.3
49	James	Jackson																										Yorkshire 3 Peaks	63.8					63.8
50	Richard	Gaffey																										London Marathon	63.6					63.6
51	Joseph	Ibrahim			61.7																													61.7
52	Graeme	Littlewood	60.7																															60.7
53	Yuzaiful	Yusof																										London Marathon	50.4					50.4