

Abbey Runners Grand Prix 2024 - Female Open Table

Short Races

Medium Races

Rank			Short Races														Medium Races										Total Pts									
			Dewsbury 10k	St-Aldans Winter Beast	PECO XC 22-23, Race 5	Willow Flyer	Ilkley Trail Race	Club Trip	Club Handicap	Osley Chevin Fell Race	Summer Mile	Kings Challenge	Rush Around the Rhubarb	Kirkstall Abbey 7	Morley 10k	Post Hill	PECO XC 23-24, Race 1	Vale of York 10	Baildon Boundary Way	Bluebell Trail	Osley 10m	Ilkley Half	Round Hill	Rombalds Romp	St-Aldans Half	Settle Loop		Guy Fawkes 10	Long Run	Club Relay	Target Parkrun	Bonus Points	Volunteering			
1	Alison	Smith		83.9	75.6												84.4																		243.9	
2	Andrea	Cobo		92.6	86.9																														229.4	
3	Katie	Bastin	56.7		58.0																						Coniston 14	53.7	50.0						218.5	
4	Laura	Phillips	75.5		62.1																					Barcelona Marathon	61.4								199.0	
5	Katie	Taylor-Cross			72.4																					Coniston 14	68.4	50.0						190.8		
6	Judith	Smith	44.8	49.0	45.7																													189.5		
7	Hannah	Fox		95.9	90.2																														186.2	
8	Kathryn	Ashworth			67.0																						Coniston 14	66.4	50.0						183.4	
9	Jenny	Rowe-Patel	84.1		89.8																														173.9	
10	Lisa	Hulme-Vickerstaff	57.0		60.0																						Coniston 14	54.1							171.1	
11	Charlotte	Knowles			100.0																														150.0	
12	Sarah	Ward		78.7	69.9																														148.6	
13	Julia	Sheer	69.2		73.0																														142.2	
14	Faye	Clark			87.1																														137.1	
15	Ruth	Sarsfield		71.7																							Coniston 14	65.0							136.7	
16	Louise	Williams			85.7																														135.7	
17	Kirsten	Hutchison			81.1																															131.1
18	Liz	Whittaker		64.0	61.2																															125.2
19	Sally	Clark-Miller			72.2																															122.2
20	Helen	Roden			71.9																															121.9
21	Masako	Kondo		91.8																																91.8
22	Alex	Richards			78.4																															78.4
23	Beverley	Mottley															74.5																			74.5
24	Sarah	Chantrill		74.4																																74.4
25	Becky	Ashworth			73.1																															73.1
26	Gillian	Nesbitt			73.1																															73.1
27	Sarah	Fairhall	71.0																																	71.0
28	Jane	Oughton															67.8																			67.8
29	Katharine	Scott			67.6																															67.6
30	Debra	Mullen															62.1																			62.1
31	Rachel	Barnicoat	59.4																																	59.4
32	Lisa	Persico			50.6																															50.6
33	Janet	Bastin																																50.0	50.0	