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1. Responsibilities

As an Abbey Runner, I will:

- abide by the UKA and the HCAF Child Safeguarding Policy and Child Safeguarding Procedures
- abide by the UKA and the HCAF Adult Safeguarding Policy and Adult Safeguarding Procedures
- respect the rights of every runner, coach, and other club members and treat everyone equitably
- when racing, participate within the rules of the sport, respect decisions of coaches and officials, and demonstrate respect towards fellow athletes
- anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time
- inform my coach of any other coaching that I am seeking or receiving
- act with dignity and display courtesy and good manners towards others
- in no way undermine, put down or belittle other runners, coaches or practitioners
- avoid swearing and abusive language whilst in athletic venues, at club functions and events, or when as part of a team/squad
- never engage in any inappropriate or illegal behaviour
- challenge and report inappropriate behaviour and language by others
- not misuse or abuse sporting equipment and venues
- not carry or consume alcohol or illegal substances while training or competing
- use safe transport or travel arrangements
- act ethically, professionally and with integrity, and take responsibility for my actions.


If I am leading a Running Group I shall also:

- Familiarize myself with the Risk Assessment for the activity
- Brief the running group about the activity (e.g. distance, expected conditions, potential hazards).
- Ensure the group remains together.
- Carry a mobile phone.
- Be responsible for reporting Accidents and Incidents via the report form to the H&S Co-ordinator or other Committee Member

2. Breach of the Code of Conduct

I understand that if I do not follow the code, action can be taken by my club and I may:

- be asked to apologise for my behaviour
- receive a verbal or written warning from the club committee
- be suspended from attending club sessions and activities
- be suspended from the club
- be required to leave the club.

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Print Name:

Signature:

Date:

Document revision history

Rev.	Date	Description of Change	Reviewer	Approver
01		New Document Created	A Ellis	