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## 1. Code of Conduct: Children and Young People

As a child or young person under 18 years, I have the right to:

- be safe and protected
- be listened to
- be respected and treated fairly
- be believed
- ask for help
- be coached by someone who has the right qualifications.

As a young athlete, I will respect the code of conduct and I will:

- be friendly and supportive to other athletes
- keep myself safe
- tell my coach if I am ill or injured
- report inappropriate behaviour or risky situations to an adult
- compete fairly and respect other athletes and officials - respect the rules of my club
- behave well, listen to and follow all instructions from my coach/leader and officials
- take care of equipment owned or provided by the club or training facility
- not use bad language or take part in inappropriate or illegal behaviour
- not bully anyone or pressure them to do things they do not want to, including online
- not undermine, put down or belittle other athletes, coaches or practitioners
- keep to agreed timings for all club activities
- tell my parents/guardian where I am or if I'm going to be late
- not use my mobile phone during training, competitions or in changing rooms
- not carry or consume alcohol or illegal substances while training or competing in athletics
- use safe transport or travel arrangements.

## Breach of the Code of Conduct


I understand that if I do not follow the code, my club will inform my parents/guardians and the club may take action such as:

- being asked to apologise for my behaviour
- receiving a verbal warning from my coach
- receiving a verbal or written warning from the club committee
- being suspended from attending club training sessions
- being suspended from the club

being required to leave the club

**Signature:**

**Date:**

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## 2. Code of Conduct: Parents/Guardian

As a responsible parent/guardian of an athlete aged under 18, I will:

- abide by the UKA and the HCAF Child Safeguarding Policy and Child Safeguarding Procedures
- abide by the UKA and the HCAF Adult Safeguarding Policy and Adult Safeguarding Procedures
- demonstrate respectful behaviour at all times
- set a good example and encourage my child to learn the rules of the sport and compete within them at all times
- help my child to recognise good performance and not just results
- make athletics fun
- never force my child to take part in sport if they do not want to
- never punish or belittle my child for losing or making mistakes
- use correct and appropriate language at all times
- check the qualifications and licences of people who are coaching my child
- know exactly where my child will be and who they will be with at all times
- assume responsibility for safe transportation of my child to and from training and competition
- return as required any necessary written consent forms to the club/team manager or appropriate person
- report any concerns about the welfare of either my child (or any other child) to the Club Welfare Officer(s) or National Welfare Officer. (This does not affect your right to contact your local Social Services or the Police if you feel it is necessary)
- not undermine, put down or belittle athletes, coaches, practitioners or other Parents/Guardians.

### Good Spectator Behaviour

I understand that putting pressure on children and poor behaviour of adult spectators can be detrimental to children and may result in them dropping out of sport. I accept that the Abbey Runners code promotes good spectator behaviour, and understand that if I verbally abuse children, coaches or officials, that action will be taken by the club.


### Breach of the Code of Conduct

I understand that if I do not follow the code, action can be taken by the club, and I may:

- be asked to apologise for my behaviour
- receive a verbal or written warning from the club committee
- be suspended from attending club training sessions and events
- be suspended from the club
- be required to leave the club

The club may also:


- suspend the junior from attending club training sessions and events
- suspend the junior from the club
- expel the junior from the club

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**Print Name (Parent/Guardian):**

**Signature:**

**Date:**

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#### Document revision history

Rev.	Date	Description of Change	Reviewer	Approver
01		New Document Created	A Ellis	