

Health & Safety Policy

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1. Purpose

The purpose of this policy is to ensure that the health, safety and well-being of club members is integral to the club and it's activities.

The responsibilities for Health and Safety (H&S) rests both with club members and the club committee.

Club members are responsible for their own personal safety while the committee ensures H&S arrangements made by the club are fit for purpose.

2. Committee Responsibilities

- Appointing a Health & Safety Coordinator responsible for overseeing the implementation of the club's Health and Safety Policy and associated risk assessments.
- Undertake regular, recorded risk assessments of all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessments.
- Ensure that all members are given the appropriate level of training by regularly assessing individual ability.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy, risk assessments and related documents are reviewed regularly and monitored for effectiveness.

3. Club Member Responsibilities

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Ensure you are fit to participate in the club activity.
- Familiarize yourself with the normal and emergency operating procedures
- Be correctly equipped for the session e.g. (correct footwear, hi-vis, warm clothing)
- Co-operate with the club on health and safety issues.
- Correctly use any equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.
- Where a club member is still a junior (U18), it is also the responsibility of their parent/guardian to ensure these responsibilities are understood and followed by both the parent/guardian and the junior.

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Print Name:	
Signature:	
Date:	



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Document revision history

Rev.	Date	Description of Change	Reviewer	Approver
01		New Document Created	A Ellis	