Abbey Runners Grand Prix 2020 Women AGE GRADED Table

		Short Races																Medium Races									Long Races				
		XC	T	T	F	T	R	T	R	T	R	T	T	T	R	T	XC	T	T	R	R	R	F	T	R	R	R/T/F				
		PECO XC Race 5 - (2019/20)	Lightwater Valley 10K	Guiseley Gallop 10K	Charlesworth Chase Fell Race	Apperley Bridge Canter 10K	Club 5K handicap	Club Trip	Hyde Park Summer Mile	Harrogate 10K	Firefighters 5M	Wetherby 10K	Meanwood Valley Trail 7M	Knaresborough Crag Rat Race 5M	Abbey Dash 10K	Post Hill 5K	PECO XC Race 1 (2020/21)	Temple Newsam 10M	The Kirkstall Calverley Cutter 18K	Liversedge Half Marathon	Elvington Flyer 10M	Vale of York 10M	Dick Hudsons 7M Fell Race	Wharfedale Trail Half Marathon	Burn Valley Half Marathon	Tadcaster 10M	Counting long race	Long race points	Bonus points for relay entry	Bonus points for 3 completed target parkruns	TOTAL POINTS
1	Liz Willis		89.7															78.3		75.7											243.7
2	Lisa Stansbie																	92.8		95.1											187.9
3	Andrea Cobo		99.2															78.5													177.7
4	Alison Smith																	80.6		84.5											165.1
5	Helen Roden																			91.4											91.4
6	Hannah Fox																		89.6												89.6
7	Alexandra Richards																	88.0													88.0
8	Faye Mullen																	86.6													86.6
9	Bev Mottley																	81.7													81.7
10	Kathryn Ashworth																		77.0												77.0
11	Laura Phillips																	76.9													76.9
12	Kathryn Molyneux																		76.3												76.3
13	Lisa Hulme-Vickerstaff																	74.7													74.7
14	Ange Ellis																	73.5													73.5
15	Gillian Nesbitt																	71.6													71.6
16	Katharine Scott																	64.7													64.7
17	Felicity Jackson																	60.5													60.5
18	Suzanne Caley																	58.8													58.8
19	Meg House																	57.2													57.2
20	Lesley Lavery																													50	50.0
21																															0.0
22																															0.0
23																															0.0
24																															0.0
25																															0.0
26																															0.0
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40																															0.0