

Abbey Runners Grand Prix 2018 Men AGE GRADED Table

	Short Races													Medium Races						Long Races		Bonus points for relay entry	Relay(s) completed	TOTAL POINTS							
	R	XC	R	F	R	F	T	T	T	R	T	T	R	XC	T	R	R	T	F	R	R				R/T/F						
	Dewsbury 10K	PECO XC Race 5 - (2017/18)	Epilepsy Action Bradford 10K	Charlesworth Chase	Club 5K Handicap	Otley Chevin Fell Race	Club trip - Van'Elnor 10K	Staveley Stampede 10K	East Leeds 10K	Firefighters 5	Kirkstall Abbey 7	Bramley 10K	Abbey Dask 10K	PECO XC Race 1 (2018/19)	Temple Newsam 10M	Otley 10	Vale of York 10	Ripon 10	Round Hill	Tadcaster 10	Rochdale Half Marathon	Counting long race	Long race points								
1	John Ward	88.8	94.5				105.2			97.5	94.2			93.8	100.8		98.2	98.0						Holmfirth 15	97.8	50	3	738.2			
2	Duncan Clark	88.2	94.3	95.5			105.3		102.7					88.4		93.5				92.3					Holly Hustle 22K	100.5	50	3	734.1		
3	David Leslie	81.9			98.5		97.8		92.3		87.5			86.6	97.7	90.0	88.0		82.0	84.3					Dentdale 14	90.4	50	2	704.2		
4	Jim Whittaker		77.9				88.5		77.8	82.7	81.1			78.3	87.1	79.1									Holmfirth 15	83.1	50	3	629.9		
5	Sunny Cheema	77.7	82.1					84.8	85.1				67.6		88.4	79.4		79.4							Holmfirth 15	71.9	50	3	619.4		
6	Graeme Littlewood	65.1	72.6		87.6		84.9		80.3					76.8	72.6		72.0								Holmfirth 15	75.0	50	1	599.2		
7	Adam Ellis	69.2	75.2		79.6	66.5	82.7		74.6	75.3	71.1			69.9	77.9	69.4		65.6							Dentdale 14	76.0	50	5	593.3		
8	Matt Ellis	69.0	72.4		85.1		74.0		76.3	77.8	76.7		66.9	75.2	75.8					71.6					Dentdale 14	69.3	50	2	582.6		
9	Craig Kent	72.4	79.4		85.6	67.3	87.0		77.3		67.8			77.2			77.3			68.4					Liverpool Marathon	54.6	50	5	579.6		
10	David Beesley	72.9	80.4	75.3	83.4		70.0									60.7		63.6							Brighton Marathon	50.4	50	1	536.7		
11	Peter Badkin	72.9	81.0		87.9		50.2			83.9	73.3			77.5			75.8								Dentdale 14	75.6	50	2	531.7		
12	Simon E Jones		89.3		100.0									89.1	95.5										North Yorks Coastal Trail 15	100.0	50	2	523.9		
13	Laurence Lennon				92.4		90.2							76.1						75.2					Dentdale 14	77.5	50	1	461.4		
14	James Balkwill		69.0	74.4	82.0		78.4			74.1			67.1	71.1			69.9										50	1	428.8		
15	Clive Walton		72.7	78.6			79.1						66.3		76.9												50	1	423.6		
16	Paul Simkins		81.8			78.7							77.5	83.2		81.4													402.6		
17	Ross Armstrong		92.8				100.0		86.5					87.4															366.7		
18	Trevor Wilks		97.1				103.4							95.7													50	2	346.2		
19	Kazuki Morimoto		78.0		87.4									76.2															327.2		
20	Malcolm Lavery				90.8		86.4					71.0								73.2									321.4		
21	Liam Jenkins	78.8									86.1			86.3													50	2	301.2		
22	Jon Richards		76.3		81.5		82.5																				50	3	290.3		
23	Andy Mill				92.4								68.5	78.6													50	2	289.5		
24	Joe Ibrahim		58.2		66.2								51.4	57.6			54.9												288.3		
25	Dave Jackson					50.0	63.8		61.0					54.0													50	1	278.8		
26	Luke Wray-Rogers		80.6		96.8									84.4															261.8		
27	Mike Smith				90.7		83.5								72.8														247.0		
28	Roger Wilson						82.0		80.0					71.5															233.5		
29	Ian Patchett		82.6				89.1																				50	2	221.7		
30	Peter Persico									73.8	71.1															London Marathon	45.6			190.5	
31	Michael Hutchinson	67.1																									50	1	189.2		
32	James Franklin		92.2											88.8															181.0		
33	Ashley Beddoes				92.2																					Holmfirth 15	82.9			175.1	
34	Simon G Jones												81.9		83.5														165.4		
35	Jon Laye																									Edinburgh Marathon	70.3			159.9	
36	Garry Brownbridge													75.0												Dentdale 14	75.2			150.2	
37	Gareth Cavill				96.2																						50	3	146.2		
38	Nigel Dickinson		68.1																										141.9		
39	Scott Kent				76.5									62.6															139.1		
40	Martin Browne				88.9																						50	1	138.9		
41	Barrie Hopson												69.9													Yorkshire Marathon	65.1			135.0	
42	Stephen Broadley			71.4																						Edinburgh Marathon	57.3			128.7	
43	Tom Broadley			67.0																						Edinburgh Marathon	53.2			120.2	
44	Dominic Nurse		94.7																										94.7		
45	Tim Midgley													93.8															93.8		
46	Rich Smith								86.4																				86.4		
47	Aidan Curley																												84.2		
48	Martin Jones						80.3																				Blubberhouses 25	84.2			84.2
49	Owen Hilton	75.2																											80.3		
50	Chris Haddock													73.7															75.2		
51	David Nahal																										Edinburgh Marathon	71.2			73.7
52	Steve Hodkinson													68.3															71.2		
53	Dean Fawcett																												68.3		
54	Paul Greene																										Dentdale 14	62.4			62.4
55	Cal Clark																												58.7		
56	Howard Cohen																											50	1	50.0	
																												50	1	50.0	