

Abbey Runners' Club Constitution

1. Name

The Club shall be called Abbey Runners.

2. Objects

The objects of the Club shall be to promote both competitive and recreational running.

3. Membership

3.1 The club consists of ordinary members and associate members.

3.2 Ordinary members include full members and life members. Life members shall rank equally in all respects with full members except that no subscriptions shall be payable.

3.3 Associate members shall include second claim members, social members and other categories that shall from time to time be decided by the Committee.

3.4 All applications for membership shall be made using the clubs membership form. An applicant for membership shall become a member after submission of a duly completed application form, acceptance by the Committee and payment of a subscription.

3.5 Any member who has rendered the club outstanding service may be granted life membership.

3.5.1 Life membership may be awarded on a recommendation of the Committee proposed at a general meeting.

3.5.2 Such a resolution shall be passed by a two thirds majority.

3.5.3 No such resolution shall be passed if the effect would be to take the number of life members to a figure which is more than one twentieth of the number of paid-up members.

4. Subscription

4.1 The annual subscription shall be such sum as shall be decided at the Annual General Meeting and shall be due on 1 January or on such other date as shall from time to time be decided by the Committee.

4.2 Only ordinary members (i.e. paid-up full members and life members) shall have voting rights at any meeting. For the avoidance of doubt, it is confirmed that associate members may attend and speak at any full club meeting including AGMs and EGMs.

5. Cessation of membership

- 5.1 A member may resign at any time by giving notice to the Committee. A member resigning shall remain liable to pay any arrears of subscriptions owed at the time of resignation but there shall be no entitlement to refund of a subscription already paid.
- 5.2 A member three months in arrear in the payment of any subscription shall be deemed to have resigned, without prejudice to readmission at the discretion of the Committee.
- 5.3 Any member who offends against the rules of the Club or whose conduct is prejudicial to the objects of, or the good governance of, the Club may be expelled from the Club by a majority decision of the Committee. Before any such member is expelled, the Secretary shall give that member 28 days' written notice to attend a meeting of the Committee and shall inform that member of the complaints made against him or her. No member shall be expelled without first having an opportunity to appear before the Committee and answer those complaints.

6. Management

- 6.1 The Club shall be managed by a Committee consisting of the President, the Secretary and the Treasurer and not more than 12 other Members elected at the AGM.
- 6.2 The Committee may nominate functional roles to be carried out by members of the Committee and the number of such roles may from time to time be increased or decreased, and functions may allocated or reallocated as the Committee shall from time to time decide.
- 6.3 A quorum for the Committee shall be 5, except for the purposes of Rule 5.3 when 7 Committee members shall form a quorum.
- 6.4 The Committee shall remain in office until the next AGM.
- 6.5 Any member of the Committee may resign by notice given to the Secretary.
- 6.6 The Committee may appoint a member to fill any casual vacancy until the next AGM.
- 6.7 The office of Committee member shall be vacated:
- (a) by resignation, or
 - (b) if he or she shall cease to be a Member, or
 - (c) if he or she shall be absent from more than two consecutive Committee meetings without the explicit consent of the Committee.

7. Annual General Meetings

- 7.1 A general meeting of the Club shall be held once in each calendar year and not more than 18 months shall elapse between the date of one AGM of the Club and that of the next. The AGM shall transact the following business:
- (a) receive and, if approved, adopt an audited statement of the Club's accounts to the end of the preceding year;
 - (b) consider and, if approved, sanction any alteration to the Constitution;
 - (c) appoint the officers and other members of the Committee, and to appoint an auditor, who must not be a Committee member;
 - (d) decide on the level of the annual subscription for the following year;
 - (e) deal with any special matter which the Committee desires to bring before the members and to receive suggestions from the members for consideration by the Committee.
- 7.2 Notice convening the AGM shall be given to the members or posted in some conspicuous part of the Club premises not less than 21 days before the meeting and shall specify the matters to be dealt with.
- 7.3 One fifth of all paid-up members constitute a quorum for an AGM and decisions shall be by majority vote, except that a resolution under 7.1(b) shall be passed by a two-thirds majority.

8. Extraordinary General Meetings

- 8.1 An extraordinary general meeting (EGM) may be convened at any time by the Committee on 14 days' notice and shall be convened within 21 days of the receipt of a requisition in writing signed by not less than one-fifth of members specifying the object of the meeting for any of the following purposes:
- (a) to approve any alteration of the Constitution;
 - (b) to deal with any special matter which the Committee may desire to put before the members;
 - (c) to remove any member or members of the Committee from office and to fill any vacancy or vacancies caused by such removal;
 - (d) to deal with any special matter which the members requiring the meeting may desire to place before the Club.
- 8.2 The quorum and voting rules for an EGM will be as for an AGM.

9. Chairman's casting vote

- 9.1 The President shall be the chair at meetings, except that in the absence or withdrawal of the President from the chair, the Committee may elect a chair at Committee meetings and the members may appoint a chair at general meetings.
- 9.2 The chair will have a casting or additional vote in the event of an equality of votes.

10. Club colours

- 10.1 The colours of the Club shall be a white, red and grey vest for road events. For trail, cross country and fell races they shall be a black, red and grey vest.
- 10.2 Club colours must be worn by all competitors representing the Club at every competitive meeting.

11. Dissolution

- 11.1 The Committee by a two-thirds majority at a quorate meeting, or the members under article 8.1, may propose the dissolution of the Club.
- 11.2 Notice of an EGM must then be given.
- 11.3 At such a meeting one-half of all paid-up members shall form a quorum and if the motion is passed by a two-thirds majority, the Club is then dissolved.
- 11.4 Upon dissolution any funds remaining after all debts have been paid shall be paid to such body or bodies as may be determined by the Committee, such body or bodies being in Yorkshire and having objects analogous to those of the Club.

THIS CONSTITUTION was adopted at a meeting held on the *th day of November 2018.

Signed: _____ (Chair)
 _____ (Secretary)