

Abbey Runners Grand Prix 2016 Women OPEN Table

		Short Races											Medium Races						Long Races		Bonus points for relay entry (Danefield, Washburn or LCW)	Relay(s) completed	TOTAL POINTS	
		XC	T	R	F	R	T	T	R	T	R	F	XC	T	R	R	F	T	R	R/T/F				
		PECO XC Race 5 (2015-16)	Guiseley Gallop	John Carr 5k Race 1	Jack Bloor Fell Race	Club 5k handicap	Grasmere Gallop 10k club trip	Burton Leonard 10k	West Yorkshire 5	Kirkstall Abbey 7	Abbey Dash 10k	Withins Skyline	PECO XC Race 1 (2016-17)	Temple Newsam 10m	Vale of York 10m	Leeds Half Marathon	Round Hill Fell Race	Shaun Lee Johnstone 10m	Guy Fawkes 10m	Counting long race				Long race points
1	Michaela Clark				100.0	82.7		85.3	95.7			86.9				83.9	92.0	92.8	Holly Hustle 22K	96.0	50	3	698.7	
2	Elizabeth Willis		65.8		94.1	75.8			77.4	63.4		70.4	71.2	71.5	65.1				Holly Hustle 22K	72.9	50	3	583.3	
3	Jasmine Salih	70.5			87.6	71.1		74.9				64.4	76.0				70.1		Dentdale Run	73.8	50	1	574.0	
4	Lisa Hitchen	61.6	59.7	62.9	88.6	71.2	69.2	68.1	75.0	60.7	59.5	65.9		65.6	63.6	65.9			Chester Metric Marathon	69.9	50	3	555.4	
5	Alison Smith	73.8		73.2	99.6	81.3	80.2	83.4				71.2		78.3	74.5						50	2	540.9	
6	Jane Oughton	64.8			85.9		63.7		75.6			64.2	65.1	64.6		66.3	65.8	68.4	Race the train	65.0	50	3	540.2	
7	Lisa Stansbie	74.4	70.3	71.0															Manchester Marathon	68.3			355.8	
8	Ruth Dorrington	78.2	74.6	73.4								75.4										50	1	351.6
9	Katie Taylor			73.2					83.3			73.3							London Marathon	57.9	50	1	337.7	
10	Lisa Hulme-Vickerstaff	67.0			86.0	67.2						66.0										50	2	336.2
11	Sophie Hodkinson	66.2			92.8					58.8		62.4										50	1	330.2
12	Angela Ellis				93.2	74.4						67.6										50	2	285.2
13	Lucy Cohen	68.3			89.4	71.6																50	3	279.3
14	Claire Barrett-Mold								92.7	72.1		83.3												248.1
15	Alexandra Kilcoyne	89.0				95.8																50	1	234.8
16	Laura Wylde	84.4							92.2													50	1	226.6
17	Helen Roden	77.6										72.2			74.8									224.6
18	Lizzie Austen				93.6							68.3										50	1	211.9
19	Carolyn Dewhirst								58.0	47.5					50.4							50	1	205.9
20	Amanda Rhodes	62.9											60.5									50	1	173.4
21	Claire Huggins													80.6	78.3									158.9
22	Karis Walton	77.9										74.0												151.9
23	Laura Shaw									45.8				51.8	47.2									144.8
24	Maureen Taylor	63.5												64.1										127.6
25	Gillian Nesbitt											58.8	64.5											123.3
26	Hannah Greene												64.4											121.3
27	Kieren Balkwill													58.3						London Marathon	40.3			98.6
28	Leanne Smart				89.8																			89.8
29	Kathryn Robinson				80.3																			80.3
30	Katie Scratchcard									74.2														74.2
31	Anya Ferguson																	68.7						68.7
32	Aiofe Healy					66.3																		66.3
33	Jane Hallam	65.6																						65.6
34	Katherine Scott	64.8																						64.8
35	Stella Cross		63.8																					63.8
36	Jane Hall				61.4																			61.4
37	Janice Burberry									55.3														55.3
38	Sarah Dobson																					50	1	50.0
39	Sue Speak																					50	1	50.0