

Abbey Runners Grand Prix 2016 Women AGE GRADED Table

	Short Races											Medium Races						Long Races			Bonus points for relay entry (Danefield, Washburn or LCM)	Relay(s) completed	TOTAL POINTS	
	XC	T	R	F	R	T	T	R	T	R	F	XC	T	R	R	F	T	R	R/T/F					
	PECO XC Race 5 (2015-16)	Guiseley Gallop	John Carr 5k Race 1	Jack Bloor Fell Race	Club 5k handicap	Grasmere Gallop 10k club trip	Burton Leonard 10k	West Yorkshire 5	Kirkstall Abbey 7	Abbey Dash 10k	Withins Skyline	PECO XC Race 1 (2016-17)	Temple Newsam 10m	Vale of York 10m	Leeds Half Marathon	Round Hill Fell Race	Shaun Lee Johnstone 10m	Guy Fawkes 10m	Counting long race	Long race points				
1	Michaela Clark				104.7	86.9		89.6	101.4			92.0				88.7	98.1	99.0	Holly Hustle 22K	102.4	50	3	737.2	
2	Elizabeth Willis		75.2		106.5	86.7			89.5	73.4		81.2	81.9	82.3	75.0				Holly Hustle 22K	85.0	50	3	663.1	
3	Jane Oughton	78.4			104.0		78.5		93.1			78.7	79.8	80.1		82.2	81.7	84.9	Race the train	80.7	50	3	652.1	
4	Jasmine Salih	74.6			92.5	75.3		79.3				68.2	80.3				74.7		Dentdale Run	78.7	50	1	605.5	
5	Lisa Hitchen	63.0	61.2	64.3	90.5	72.9	70.8	69.7	76.8	62.1	60.9	67.8		67.5	65.4	67.8			Chester Metric Marathon	71.9	50	3	568.2	
6	Alison Smith	76.9		76.7	104.3	85.4	84.3	87.6				74.7		82.8	78.8							50	2	565.8
7	Ruth Dorrington	88.1	84.3	82.1								84.9										50	1	389.4
8	Lisa Stansbie	77.0	72.8	73.4											74.8				Manchester Marathon	70.8			368.8	
9	Lisa Hulme-Vickerstaff	73.8			95.2	75.0						73.5										50	2	367.5
10	Katie Taylor			73.2					83.3			73.3							London Marathon	57.9	50	1	337.7	
11	Sophie Hodgkinson	66.2			92.8					58.8		62.4										50	1	330.2
12	Lucy Cohen	72.3			95.1	76.5																50	2	293.9
13	Angela Ellis				96.3	77.0						70.5										50	2	293.8
14	Claire Barrett-Mold								92.9	72.3		83.5												248.7
15	Helen Roden	81.5										76.4			79.8									237.7
16	Alexandra Kilcoyne	89.0				95.8																50	1	234.8
17	Carolyn Dewhirst								67.9	55.7					59.5							50	1	233.1
18	Laura Wylde	84.8							92.9													50	1	227.7
19	Lizzie Austen				94.0					68.7												50	1	212.7
20	Amanda Rhodes	66.6											64.5									50	1	181.1
21	Karis Walton	81.8										78.3												160.1
22	Claire Huggins													80.6	78.5									159.1
23	Maureen Taylor	77.9												79.6										157.5
24	Laura Shaw									45.8				51.8	47.2									144.8
25	Gillian Nesbitt									60.2		66.0												126.2
26	Hannah Greene									56.9			64.4											121.3
27	Kieren Balkwill													62.2					London Marathon	42.9			105.1	
28	Leanne Smart				89.8																			89.8
29	Kathryn Robinson				87.9																			87.9
30	Stella Cross		78.7																					78.7
31	Jane Hallam	74.8																						74.8
32	Katie Scratchcard									74.2														74.2
33	Anya Ferguson																	70.2						70.2
34	Aiofe Healy					66.3																		66.3
35	Katherine Scott	66.0																						66.0
36	Janice Burberry									65.6														65.6
37	Jane Hall				61.7																			61.7
38	Sarah Dobson																					50	1	50.0
39	Sue Speak																					50	1	50.0