

Abbey Runners Grand Prix 2018 Men OPEN Table

	Short Races														Medium Races							Long Races					
	R	XC	R	F	R	F	T	T	T	R	T	T	R	XC	T	R	R	T	F	R	R	R/T/F					
	Dewsbury 10K	PECO XC Race 5 - (2017/18)	Epilepsy Action Bradford 10	Charlesworth Chase	Club 5K Handicap	Otley Chevin Fell Race	Club trip - Van Elnor 10K	Staveley Stampede 10K	East Leeds 10K	Firefighters 5	Kirkstall Abbey 7	Bramley 10K	Abbey Dask 10K	PECO XC Race 1 (2018/19)	Temple Newsam 10M	Otley 10	Vale of York 10	Ripon 10	Round Hill	Tadcaster 10	Rochdale Half Marathon	Counting long race	Long race points	Bonus points for relay entry	Relay(s) completed	TOTAL POINTS	
1	Duncan Clark	74.5	79.5	80.7					85.9					73.8		78.5				77.6		Holly Hustle 22K	84.6	50	3	624.9	
2	Sunny Cheema	77.4	81.6					84.5	84.9			67.4		88.3	79.2		79.3					Holmfirth 15	71.8	50	3	617.8	
3	Craig Kent	72.4	79.4		85.6	67.3	87.0		77.3		67.8		77.2			77.3			68.4			Liverpool Marathon	54.6	50	5	579.6	
4	John Ward	68.4	72.8				81.0			75.1	72.6		71.6	77.7		75.7	75.5					Holmfirth 15	74.7	50	3	579.6	
5	Adam Ellis	65.7	70.9		74.3	62.0	78.5		70.8	71.1	67.6		65.9	74.3	66.3	73.2		62.4				Dentdale 14	72.8	50	5	565.1	
6	Jim Whittaker		69.0				78.7		69.2	72.6	71.6		68.8	77.8	70.7							Holmfirth 15	73.8	50	3	564.2	
7	Matt Ellis	64.9	67.8		78.9	69.7	69.7		71.8	72.9	71.8		62.5	69.9	71.8					67.8		Dentdale 14	65.9	50	2	550.9	
8	David Leslie	63.1			75.5		74.5		70.3		66.7		66.1	75.3	68.6	67.2		62.5	64.4			Dentdale 14	69.1	50	2	550.0	
9	Graeme Littlewood	57.9	64.3		77.1		75.5		71.4				67.5	64.9	64.4							Holmfirth 15	66.6	50	1	534.2	
10	Simon E Jones		89.3		100.0								89.1	95.5								North Yorks Coastal Trail 15	100.0	50	2	523.9	
11	David Beesley	70.8	77.7	73.1	79.0	67.9							66.4		59.2		62.0					Brighton Marathon	49.3	50	1	521.1	
12	Peter Badkin	63.2	70.0		75.6		43.5			72.5	63.7		66.4			66.0						Dentdale 14	66.0	50	2	466.5	
13	James Balkwill		62.6	67.8	73.8		71.4			67.2		60.7	64.0			64.0						Dentdale 14	64.6	50	1	394.2	
14	Laurence Lennon				76.4		74.8						62.5						62.0			Dentdale 14	64.6	50	1	390.3	
15	Clive Walton		64.4	69.3			69.8					58.4		68.7										50	1	380.6	
16	Paul Simkins		76.0			71.9						71.8	76.7		75.8											372.2	
17	Ross Armstrong		92.8				100.0		86.5				87.4													366.7	
18	Trevor Wilks		88.8				95.1						86.9											50	2	320.8	
19	Liam Jenkins	78.8									86.1		86.3											50	2	301.2	
20	Kazuki Morimoto		69.6		77.5							76.2	67.5													290.8	
21	Malcolm Lavery				79.3		76.2					62.6							64.8							282.9	
22	Andy Mill				88.8							66.5	75.9											50	2	281.2	
23	Jon Richards		73.1		77.1		79.5																	50	3	279.7	
24	Dave Jackson					49.4	63.6		60.8				53.7											50	1	277.5	
25	Joe Ibrahim		54.5		60.9							48.0	53.5			51.6										268.5	
26	Luke Wray-Rogers		77.3		91.0								80.2													248.5	
27	Mike Smith				82.2		76.8							67.9												226.9	
28	Ian Patchett		70.2				75.9																	50	2	196.1	
29	Michael Hutchinson	67.1														72.1								50	1	189.2	
30	Peter Persico								70.2	68.1												London Marathon	44.3			182.6	
31	Ashley Beddoes				92.2																		Holmfirth 15	82.9			175.1
32	James Franklin		87.7										83.8													171.5	
33	Roger Wilson						58.4		56.1				50.2													164.7	
34	Simon G Jones											74.1		76.6												150.7	
35	Jon Laye															81.5						Edinburgh Marathon	64.1			145.6	
36	Scott Kent				76.0								62.4													138.4	
37	Nigel Dickinson		66.2													72.0										138.2	
38	Gareth Cavill				85.9																			50	3	135.9	
39	Martin Browne				75.9																			50	1	125.9	
40	Garry Brownbridge												61.5										Dentdale 14	62.7			124.2
41	Tom Broadley			67.0																			Edinburgh Marathon	53.2			120.2
42	Stephen Broadley			56.0																			Edinburgh Marathon	45.1			101.1
43	Tim Midgley												93.8													93.8	
44	Barrie Hopson											48.2											Yorkshire Marathon	45.1			93.3
45	Dominic Nurse		84.5																							84.5	
46	Rich Smith								81.4																	81.4	
47	Aidan Curley																						Blubberhouses 25	80.1			80.1
48	Owen Hilton	75.2																								75.2	
49	Martin Jones						74.4																			74.4	
50	Chris Haddock												73.7													73.7	
51	Steve Hodkinson												68.3													68.3	
52	David Nahal																						Edinburgh Marathon	60.4			60.4
53	Dean Fawcett																						Dentdale 14	59.3			59.3
54	Paul Greene												58.7													58.7	
55	Cal Clark																								50	1	50.0
56	Howard Cohen																								50	1	50.0