

ABBEY RUNNERS GRAND PRIX 2015: 'OPEN' TABLES

MEN FINAL 2015

Surname	First Name	Short Races																Medium Races								Long Races			Atredale Triple Trail Bonus	Target Race Bonus	TOTAL POINTS				
		R	R	R	R	R	R	R	R	R	T	T	T	T	F	F	F	F	XC	XC	R	R	R	R	T	T	T	F				F	R/T/F		
		Wakefield Hospice City 10k	Derwent Dash	Club 5k Handicap	Bendrigg 10k (Club Trip)	Temple Newsam parkrun	West Yorkshire 5	Epilepsy Action Bradford 10k	Bradford City Runs 10k	Guiseley Gallop	Meanwood Valley Trail	Ilkley Trail Race	Kirkstall Abbey 7	Jack Bloor Fell Race	Bingley Show Fell Race	Withins Skyline	Shepherd's Skyline	PECO XC Race 5 (2014-15)	PECO XC Race 1 (2015-16)	Thirsk 10 Mile	Leeds Half Marathon	Otley 10 Mile	Vale of York Half Marathon	Baldon Boundary Way	Bluebell Trail Race	Harewood 10	Reservoir Bogs Fell Race	Round Hill Fell Race				'Counting' Long Race	Long Race Points		
Laye	Jon	75.5	87.3	94.1	-	-	-	-	74.0	78.0	-	86.6	-	-	-	75.1	75.4	-	73.1	75.8	74.5	82.2	-	-	-	-	-	3 Lakes Classic	81.9	50	28.2	736.2			
Gaffey	Richard	-	-	-	-	-	85.1	-	86.5	-	-	-	-	-	-	89.2	82.6	80.9	87.0	-	-	-	-	83.7	-	-	Yorkshire Marathon	68.5	-	24.8	688.2				
Whittaker	Jim	-	-	94.4	73.6	-	73.9	-	72.0	71.9	-	-	-	-	-	73.0	70.6	-	69.3	69.5	68.0	68.7	-	69.5	-	-	Holmfirth 15	68.0	50	28.3	667.7				
Kent	Craig	-	84.7	98.0	81.6	-	-	-	74.4	78.6	87.2	-	71.0	-	-	76.9	-	64.1	-	72.0	-	-	-	71.8	-	-	Chester Marathon	64.7	-	29.4	648.8				
Jones	Martin	-	-	92.2	-	-	-	-	-	-	84.4	69.1	-	-	77.1	74.1	-	-	75.7	74.3	-	-	-	75.0	-	-	Yorkshire Marathon	65.2	-	27.7	645.8				
Ward	John	-	-	-	69.5	-	73.1	-	74.2	66.0	-	-	-	-	63.1	62.3	-	74.7	-	67.7	-	68.5	-	70.4	-	-	Chester Metric Marathon	70.5	50	20.9	639.5				
Browne	Martin	-	78.1	95.4	69.0	-	69.0	-	-	-	-	-	-	-	-	71.5	-	59.4	63.1	-	-	-	-	63.3	-	-	Dentdale Run	67.7	-	28.6	527.0				
Patchett	Ian	-	-	96.0	-	-	74.6	-	-	76.7	-	-	72.9	-	-	75.7	72.6	68.1	-	72.4	68.3	-	-	-	-	-	Yorkshire Marathon	56.6	-	28.8	492.4				
Greene	Stephen	-	-	94.3	81.6	-	-	-	73.6	-	-	-	-	-	-	-	-	66.7	-	66.7	76.5	74.2	-	-	-	-	Yorkshire Marathon	56.6	-	28.3	485.0				
Wicks	Andy	-	-	-	-	-	-	-	79.0	-	-	83.0	-	-	-	80.0	72.1	70.1	-	-	67.8	-	-	-	-	-	Dentdale Run	76.2	-	21.6	477.7				
Cavill	Gareth	-	-	-	-	-	-	-	79.7	-	88.6	77.0	-	-	-	83.1	-	-	-	-	-	-	-	-	78.7	-	Heptonstall Fell Race	66.9	-	0.0	474.0				
Wray	Luke	-	-	93.6	-	-	-	-	-	-	92.8	-	-	-	-	83.4	81.6	-	-	-	72.5	-	-	-	-	-	-	-	-	-	28.1	452.0			
Nurse	Dominic	-	-	-	-	-	-	-	-	-	95.8	88.4	-	-	-	90.0	-	-	-	-	-	-	86.2	-	84.5	-	-	-	-	-	0.0	444.8			
Balkwill	James	-	-	93.5	-	75.1	57.2	-	-	-	-	-	-	-	-	68.1	61.8	-	54.2	-	59.1	-	-	-	-	-	London Marathon	46.1	-	28.1	424.1				
Lennon	Laurence	-	73.7	-	66.0	-	-	-	-	-	-	-	-	-	-	60.1	-	-	-	57.6	-	-	-	59.6	-	-	Dentdale Run	65.0	-	19.8	401.7				
Littlewood	Graeme	-	71.1	95.7	64.2	72.6	66.4	-	-	-	62.3	-	74.5	-	-	62.5	65.1	-	-	-	62.0	-	-	-	-	-	-	-	-	28.7	398.7				
Vincent	Robert	-	-	95.3	-	-	-	-	-	-	-	-	-	-	-	82.9	80.8	-	-	-	-	-	-	-	-	-	Hull Marathon	73.5	-	28.6	361.1				
Weatherhead	Greg	-	-	-	-	-	-	91.6	-	-	-	88.6	-	-	-	88.1	-	-	-	-	-	-	87.3	-	-	-	-	-	-	0.0	355.6				
MacCarthy	Sean	-	-	-	-	-	-	-	-	81.0	-	-	-	-	-	81.8	76.2	-	-	-	-	-	-	76.2	-	-	-	-	-	-	22.9	338.1			
Brownbridge	Garry	-	-	96.4	-	-	-	-	-	-	-	-	-	-	-	70.6	-	-	-	-	-	-	63.5	-	-	-	Dentdale Run	69.3	-	28.9	328.8				
Smith	Mike	-	-	96.8	71.6	-	-	-	-	-	-	-	-	-	-	64.6	-	-	-	-	-	-	-	-	-	-	Cortina Trail Race	51.6	-	29.0	313.7				
Badkin	Peter	-	-	-	61.0	-	62.5	-	-	-	-	-	-	-	-	63.2	58.4	-	-	-	58.7	-	-	-	-	-	Trimpell 20	49.1	-	18.3	312.9				
Black	Sam	-	-	93.1	50.2	-	-	52.0	43.2	-	-	-	-	-	-	44.4	45.9	-	-	-	-	-	41.5	-	-	-	-	-	-	27.9	303.7				
Broadley	Tom	-	-	99.6	-	-	61.3	-	-	-	-	-	-	-	-	-	-	60.3	-	-	-	-	-	-	-	-	Yorkshire Marathon	49.6	-	29.9	300.8				
McLachlan	Chris	-	-	95.8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	84.3	-	-	-	-	-	-	London Marathon	68.5	-	28.7	277.3				
Collins	Matt	-	-	97.4	-	-	-	-	-	-	-	-	-	-	-	66.3	-	-	-	70.3	-	-	-	-	-	-	-	-	-	29.2	263.2				
Broadley	Stephen	-	-	89.8	-	-	53.2	-	-	-	-	-	-	-	-	-	-	50.7	-	-	-	-	-	-	-	-	Yorkshire Marathon	40.4	-	27.0	261.0				
Laird	Matthew	-	-	95.0	-	-	-	-	-	-	-	-	-	-	-	-	-	74.4	-	-	-	-	-	-	-	-	Yorkshire Marathon	61.1	-	28.5	258.9				
Walton	Clive	-	-	90.7	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	64.0	-	-	-	-	-	-	Yorkshire Marathon	53.7	-	27.2	235.6				
Persico	Peter	-	-	-	59.4	-	-	-	-	-	-	67.2	-	-	-	62.7	-	-	-	-	-	-	-	-	-	-	-	-	-	17.8	207.1				
Jones	Simon	-	-	96.3	-	-	-	-	-	-	-	-	-	-	-	-	-	82.0	-	-	-	-	-	-	-	-	-	-	-	28.9	207.1				
Beaumont	Luke	-	-	-	-	-	-	-	-	-	-	-	-	-	-	77.1	-	-	53.6	-	-	-	66.4	-	-	-	-	-	-	0.0	197.2				
Rayson	Dave	-	-	-	63.0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	52.9	-	-	Dentdale Run	58.8	-	18.9	193.6				
Jack	Euan	-	-	94.5	-	-	-	-	-	-	-	-	-	-	-	-	68.8	-	-	-	-	-	-	-	-	-	-	-	-	28.4	191.6				
Rank	Nick	-	87.4	-	-	-	-	-	-	-	-	-	-	-	-	85.1	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	172.5				
Manfield	Iain	-	-	-	-	-	-	-	-	-	-	-	-	-	-	77.9	67.8	-	-	-	-	-	-	-	-	-	-	-	-	20.3	166.0				
Clark	Duncan	-	-	-	-	-	-	-	-	-	-	-	-	-	-	86.8	-	-	-	-	-	-	-	-	-	-	London Marathon	63.1	-	0.0	150.0				
Carter	Steve	70.7	-	-	-	-	69.0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	139.7				
Nahal	David	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	71.6	-	-	-	-	-	-	-	Yorkshire Marathon	64.1	-	0.0	135.7				
Perkins	Jim	-	-	-	-	-	-	-	-	-	69.3	-	-	-	-	-	-	56.7	-	-	-	-	-	-	-	-	-	-	-	0.0	126.0				
White	Alastair	-	-	-	-	-	-	49.2	-	-	-	75.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	125.1				
Neugebauer	Rolf	-	-	-	-	-	-	-	-	-	-	-	-	-	-	63.2	-	58.2	-	-	-	-	-	-	-	-	-	-	-	0.0	121.4				
Armstrong	Ross	-	-	-	-	-	-	-	-	-	-	-	-	-	-	84.1	-	-	-	-	-	-	-	-	-	-	-	-	-	25.2	109.3				
Franklin	James	-	-	-	-	-	-	-	-	-	-	-	-	-	-	82.2	-	-	-	-	-	-	-	-	-	-	-	-	-	24.7	106.8				
Curley	Aidan	-	-	-	-	-	-	-	-	-	-	-	-	-	-	79.6	-	-	-	-	-	-	-	-	-	-	-	-	-	23.9	103.5				
Haddon	Kirk	-	-	-	-	-	-	-	-	-	-	-	-	-	-	75.2	-	-	-	-	-	-	-	-	-	-	-	-	-	22.6	97.7				
Hetherington	Mark	-	-	-	65.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	19.8	85.7				
Pritchard	Gary	-	-	-	64.1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	19.2	83.3				
Ayers	Mike	-	-	-	-	-	-	-	-	-	-	75.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	75.9				
Johnson	Peter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	66.2	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	66.2				
Walton	Clive	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	63.9	-	-	-	-	-	-	-	-	-	-	-	0.0	63.9				
Wilson	Andrew	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	56.1	-	-	-	-	-	-	-	-	-	-	-	0.0	56.1				
Beston	Dave	-	-	-	-	-	-	-	-	-	-	53.7	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	53.7				

LADIES

Surname	First Name	Short Races													Medium Races									Long Races			Airedale Triple Trail Bonus	Target Race 'Bonus	TOTAL POINTS						
		R	R	R	R	R	R	R	R	R	T	T	T	T	F	F	F	F	XC	XC	R	R	R	R	T	T				T	F	F	R/T/F	Long Race Points	
Dorrington	Ruth	-	-	-	-	-	98.2	-	-	80.1	82.6	-	-	-	-	-	-	76.6	77.7	-	-	-	-	-	-	-	-	-	-	-	Grin n Bear It Fell Race	70.5	-	23.3	674.4
Willis	Liz	-	-	-	77.4	-	66.5	-	-	70.2	72.5	-	-	-	-	-	-	67.4	76.6	-	71.5	72.6	-	-	-	-	72.4	-	-	Holmfirth 15	79.8	-	23.2	616.3	
Dobson	Sarah	-	100.0	95.4	-	-	-	-	-	-	95.8	89.5	-	-	-	-	-	-	93.1	-	93.1	-	88.0	-	-	-	-	-	-	-	-	-	-	28.6	594.1
Clark	Michaela	-	-	-	82.9	96.1	-	-	-	-	78.0	-	-	-	-	-	-	-	83.1	-	-	-	74.2	78.8	-	-	-	-	-	-	-	-	-	24.9	518.0
Roden	Helen	-	-	94.6	-	-	-	-	-	-	-	-	-	-	-	-	-	79.0	75.7	-	77.4	-	75.9	-	-	-	-	-	-	Yorkshire Marathon	71.6	-	28.4	502.6	
Oughton	Jane	-	-	96.5	-	-	63.6	-	-	61.0	62.0	57.2	-	-	-	-	-	61.0	62.6	-	-	61.0	58.8	-	-	-	-	-	Yorkshire Marathon	58.2	-	28.9	491.5		
Dewhurst	Carolyn	-	-	100.0	59.9	-	-	-	-	-	54.8	51.0	63.2	-	-	-	-	54.0	54.2	-	43.4	49.3	50.7	-	-	57.7	-	-	-	-	-	-	30.0	465.1	
Taylor	Lynn	-	-	97.1	72.0	-	70.3	-	-	-	64.2	-	-	-	-	-	-	65.2	-	-	-	67.0	-	-	-	-	-	-	Hull Marathon	66.1	-	29.1	460.9		
Hallam	Jane	-	-	-	74.9	-	67.4	-	-	-	69.0	61.0	69.2	-	-	-	-	64.9	-	-	-	70.8	-	-	-	-	-	-	Dentdale Run	69.3	-	22.5	440.6		
Speak	Sue	-	-	-	69.0	-	-	68.4	-	-	70.5	-	-	-	-	-	-	-	-	-	67.7	-	61.5	-	-	-	-	-	-	-	-	-	20.7	357.7	
Salih	Jasmine	-	-	95.6	75.8	-	71.9	-	-	-	73.3	67.0	-	-	-	-	-	71.5	71.6	-	-	-	-	-	-	-	-	-	Dentdale Run	73.5	-	26.9	342.6		
Tucker	Hilary	-	-	89.5	-	-	-	-	-	-	77.7	-	-	-	75.0	-	-	-	-	-	-	-	62.5	-	-	-	-	-	-	-	-	-	26.8	331.4	
Cohen	Lucy	-	-	95.9	74.4	-	-	-	-	-	-	-	-	-	-	-	-	68.5	69.8	-	-	-	62.5	-	-	-	-	-	-	-	-	-	-	28.8	331.4
Greene	Hannah	-	-	94.5	67.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	54.6	64.2	60.1	-	-	-	-	-	-	-	-	-	-	28.3	315.0
Huggins	Claire	-	-	-	-	-	-	-	-	-	-	-	-	85.5	-	-	-	82.1	-	-	-	-	70.7	-	-	-	-	-	Manchester Marathon	72.8	-	0.0	311.1		
Stansbie	Lisa	-	-	-	74.4	-	-	-	-	-	-	-	-	-	-	-	69.4	74.6	-	-	-	-	-	-	-	-	-	-	Ennerdale Trail	67.3	-	22.4	308.1		
Cross	Stella	-	-	-	-	-	-	-	-	63.4	58.8	-	-	-	-	-	68.1	71.6	-	63.5	-	-	-	-	-	-	-	-	-	-	-	-	21.5	288.0	
Tamayo	Bethany	-	-	-	-	-	-	-	-	-	81.7	-	-	-	-	-	-	80.0	-	-	78.8	-	-	-	-	-	-	-	-	-	-	-	24.0	264.6	
Vincent	Emma	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	85.2	84.5	-	-	-	-	-	-	-	-	-	-	Paris Marathon	68.0	-	25.4	263.2		
Smith	Alison	-	-	91.4	-	-	-	-	-	-	-	-	-	-	-	-	-	80.5	-	-	-	-	-	-	-	-	-	-	Cortina Trail Race	62.4	-	27.4	261.8		
Nurse	Helen	-	-	-	-	-	-	-	-	-	73.9	66.0	-	-	-	-	-	74.8	72.7	-	-	-	-	-	-	-	-	-	-	-	-	-	21.8	243.2	
Rhodes	Amanda	-	-	-	70.0	-	-	-	-	-	-	-	-	-	-	-	-	63.5	-	-	-	-	-	-	64.3	-	-	-	-	-	-	-	21.0	218.8	
Taylor	Katie	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	73.6	-	-	-	76.9	-	-	-	Yorkshire Marathon	66.7	-	0.0	217.2			
Hitchen	Lisa	-	-	-	-	-	-	-	-	-	-	-	65.1	-	-	-	-	64.3	-	-	-	-	-	61.8	-	-	-	-	-	-	-	-	19.3	210.4	
Smith	Amy	-	-	94.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	71.1	-	-	-	-	-	-	-	-	-	-	-	-	28.5	194.5	
Wylde	Laura	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	85.5	-	-	-	74.7	-	-	-	-	-	-	-	-	-	-	25.7	185.9	
Wicks	June	-	-	94.0	-	-	-	-	-	-	-	-	-	-	-	-	-	60.8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	28.2	182.9	
Riechert	Hannah	-	-	-	-	-	-	-	-	-	88.5	-	-	-	-	-	-	88.0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	176.5
Hulme-Vickerstaff	Lisa	-	-	-	67.3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	21.3	159.6
Balkwill	Kieren	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	17.4	130.1
Goodall	Emma	-	-	98.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	54.5	-	-	-	-	-	-	-	-	-	-	-	-	-	29.5	128.0
Wagstaffe	Rebecca	-	-	92.6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	27.8	120.3
Kilcoyne	Alexandra	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	91.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	27.6	119.5
Walton	Karis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	81.6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	24.5	106.0
Neal	Zellany	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	87.0	-	-	-	-	-	-	-	-	-	0.0	87.0
Geale	Rosie	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	64.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	19.3	83.8
Taylor	Maureen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	63.8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	19.1	83.0
Evans	Lucy	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	63.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	19.0	82.5
Nunez	Erika	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	63.0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	18.9	81.9
Begley	Megan	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	75.5	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	75.5
Citrone	Rosina	-	71.8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	71.8
Thurlow	Denise	-	-	-	-	-	-	-	-	-	-	-	62.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	62.9
Johnson	Kate	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	62.3
Postle	Adrienne	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	62.2
Wall	Rebecca	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	61.3	-	-	-	-	-	-	-	-	Dentdale Run	62.2	-	0.0	62.2		
Riley	Jo	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	54.5	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	61.3
Barber	Gillian	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	54.5	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	54.5
Shingles	Caroline	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	48.4	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	48.4