

ABBEY RUNNERS GRAND PRIX 2015: 'AGE GRADED' TABLES

MEN		FINAL 2015																																		
Surname	First Name	Short Races														Medium Races								Long Races				Airedale Triple Trail Bonus	Target Race' Bonus	TOTAL POINTS						
		R	R	R	R	R	R	R	R	R	T	T	T	T	F	F	F	F	XC	XC	R	R	R	R	T	T	T				F	F	R/T/F			
		Wakefield Hospice City 10k	Derwent Dash	Club 5k Handicap	Bendrigg 10k (Club Trip)	Temple Newsam parkrun	West Yorkshire 5	Epilepsy Action Bradford 10k	Bradford City Runs 10k	Guiseley Gallop	Meanwood Valley Trail	Ilkley Trail Race	Kirkstall Abbey 7	Jack Bloor Fell Race	Bingley Show Fell Race	Withins Skyline	Shepherd's Skyline	PECO XC Race 5 (2014-15)	PECO XC Race 1 (2015-16)	Thirsk 10 Mile	Leeds Half Marathon	Otley 10 Mile	Vale of York Half Marathon	Baildon Boundary Way	Bluebell Trail Race	Harewood 10	Reservoir Bogs Fell Race	Round Hill Fell Race	'Counting' Long Race	Long Race Points						
Ward	John	-	-	-	88.8	-	93.4	-	-	94.7	84.2	-	-	-	-	-	-	95.4	-	86.2	-	-	-	87.0	-	90.6	-	-	-	Chester Metric Marathon	89.6	50	26.6	802.2		
Laye	Jon	83.0	96.0	103.5	-	-	-	-	-	81.1	85.4	-	94.9	-	-	-	-	82.5	82.9	-	79.2	82.6	80.8	88.9	-	-	-	-	-	3 Lakes Classic	88.6	50	31.0	799.1		
Whittaker	Jim	-	-	105.3	82.2	-	83.1	-	80.1	80.0	-	-	-	-	-	-	-	81.5	79.4	-	76.3	77.0	75.6	75.5	-	77.6	-	-	-	Holmfirth 15	75.3	50	31.6	737.9		
Gaffey	Richard	-	-	-	-	-	-	90.0	-	-	91.2	-	-	-	-	-	-	94.3	88.1	84.8	90.6	-	-	-	-	88.4	-	-	-	Yorkshire Marathon	70.2	-	26.4	724.0		
Jones	Martin	-	-	99.1	-	-	-	-	-	-	-	90.4	73.9	-	-	-	-	82.8	79.6	-	-	80.6	78.6	-	-	79.9	-	-	-	Yorkshire Marathon	67.9	-	29.7	688.6		
Kent	Craig	-	84.7	98.0	81.6	-	-	-	-	-	74.4	78.6	87.2	-	71.0	-	-	-	76.9	-	64.1	-	72.0	-	-	71.8	-	-	-	Chester Marathon	64.7	-	29.4	648.8		
Browne	Martin	-	90.0	110.0	79.5	-	79.6	-	-	-	-	-	-	-	-	-	-	82.4	-	-	67.7	72.3	-	-	-	72.5	-	-	-	Dentdale Run	77.0	-	33.0	604.8		
Patchett	Ian	-	-	111.5	-	-	87.4	-	-	-	88.9	-	-	84.5	-	-	-	87.9	85.1	78.6	-	83.7	79.2	-	-	-	-	-	-	-	-	-	33.4	572.0		
Wicks	Andy	-	-	-	-	-	-	-	90.1	-	-	94.6	-	-	-	-	-	91.5	82.4	79.7	-	-	76.6	-	-	-	-	-	-	-	Dentdale Run	85.9	-	24.7	543.1	
Cavill	Gareth	-	-	-	-	-	-	-	-	-	86.7	-	97.1	83.7	-	-	-	90.7	-	-	-	-	-	-	-	-	-	85.8	-	-	Heptonstall Fell Race	71.4	-	0.0	515.3	
Nurse	Dominic	-	-	-	-	-	-	-	-	-	-	106.6	97.6	-	-	-	-	99.7	-	-	-	-	-	93.9	-	93.6	-	-	-	-	-	-	0.0	491.4		
Greene	Stephen	-	-	94.7	82.0	-	-	-	73.8	-	-	-	-	-	-	-	-	-	-	66.7	76.6	74.2	-	-	-	-	-	-	-	Yorkshire Marathon	56.6	-	28.4	486.3		
Lennon	Laurence	-	87.8	-	78.6	-	-	-	-	-	-	-	-	-	-	-	-	72.2	-	-	-	68.6	-	-	71.2	-	-	-	-	Dentdale Run	76.5	-	23.6	478.6		
Wray	Luke	-	-	97.6	-	-	-	-	-	-	-	96.4	-	-	-	-	-	86.3	85.1	-	-	-	74.4	-	-	-	-	-	-	-	-	-	29.3	469.0		
Balkwill	James	-	-	102.0	-	81.9	62.4	-	-	-	-	-	-	-	-	-	-	74.2	67.9	-	58.3	-	63.6	-	-	-	-	-	-	-	London Marathon	48.9	-	30.6	459.4	
Littlewood	Graeme	-	79.3	106.8	71.7	81.1	74.2	-	-	-	69.3	-	83.0	-	-	-	-	69.8	73.3	-	-	-	68.4	-	-	-	-	-	-	-	-	-	32.0	444.5		
Black	Sam	-	-	125.8	67.8	-	-	-	71.1	58.4	-	-	-	-	-	-	-	60.0	62.7	-	-	-	-	-	-	56.7	-	-	-	-	-	-	37.7	414.0		
Brownbridge	Garry	-	-	114.9	-	-	-	-	-	-	-	-	-	-	-	-	-	84.1	-	-	-	-	-	-	76.0	-	-	-	-	Dentdale Run	81.7	-	34.5	391.1		
Vincent	Robert	-	-	102.4	-	-	-	-	-	-	-	-	-	-	-	-	-	88.4	86.8	-	-	-	-	-	-	-	-	-	-	-	Hull Marathon	76.5	-	30.7	384.8	
MacCarthy	Sean	-	-	-	-	-	-	-	-	-	90.2	-	-	-	-	-	-	91.3	85.7	-	-	-	-	-	85.2	-	-	-	-	-	-	-	25.7	378.1		
Badkin	Peter	-	-	-	69.8	-	71.5	-	-	-	-	-	-	-	-	-	-	72.3	67.4	-	-	-	66.3	-	-	-	-	-	-	-	Trimpell 20	55.2	-	20.9	356.0	
Weatherhead	Greg	-	-	-	-	-	-	-	91.6	-	-	-	88.6	-	-	-	-	88.1	-	-	-	-	-	-	87.3	-	-	-	-	-	-	-	0.0	355.7		
Smith	Mike	-	-	104.8	77.5	-	-	-	-	-	-	-	-	-	-	-	-	-	70.0	-	-	-	-	-	-	-	-	-	-	-	Cortina Trail Race	54.2	-	31.4	337.9	
Broadley	Stephen	-	-	112.7	-	-	-	67.3	-	-	-	-	-	-	-	-	-	-	-	-	63.2	-	-	-	-	-	-	-	-	-	Yorkshire Marathon	50.5	-	33.8	327.5	
Broadley	Tom	-	-	99.6	-	-	-	61.3	-	-	-	-	-	-	-	-	-	-	-	-	60.3	-	-	-	-	-	-	-	-	-	Yorkshire Marathon	49.6	-	29.9	300.8	
McLachlan	Chris	-	-	95.8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	84.3	-	-	-	-	-	-	-	-	London Marathon	68.5	-	28.7	277.3	
Laird	Matthew	-	-	97.6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	75.3	-	-	-	-	-	-	-	-	-	Yorkshire Marathon	61.3	-	29.3	263.5	
Collins	Matt	-	-	97.4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	66.3	-	-	70.3	-	-	-	-	-	-	-	-	-	-	29.2	263.2		
Rayson	Dave	-	-	-	71.4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	59.6	-	-	-	-	Dentdale Run	65.7	-	21.4	218.2		
Persico	Peter	-	-	-	61.5	-	-	-	-	-	-	69.8	-	-	-	-	-	64.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	18.5	214.6		
Jones	Simon	-	-	96.3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	82.0	-	-	-	-	-	-	-	-	-	-	-	-	-	28.9	207.2		
Walton	Clive	-	-	102.1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	71.1	-	-	-	-	-	-	-	-	-	30.6	203.8		
Beaumont	Luke	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	77.1	-	-	53.6	-	-	66.4	-	-	-	-	-	-	-	-	0.0	197.2		
Manfield	Iain	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	87.6	76.9	-	-	-	-	-	-	-	-	-	-	-	-	-	23.1	187.6		
Rank	Nick	-	90.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	88.1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	178.6		
Clark	Duncan	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	101.7	-	-	-	-	-	-	-	-	-	-	-	-	-	London Marathon	72.4	-	0.0	174.1
Carter	Steve	85.0	-	-	-	-	-	82.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	167.9		
Nahal	David	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	83.1	-	-	-	-	-	-	-	-	-	-	Yorkshire Marathon	73.5	-	0.0	156.6
Neugebauer	Rolf	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	74.0	-	-	67.5	-	-	-	-	-	-	-	-	-	-	-	0.0	141.5		
Perkins	Jim	-	-	-	-	-	-	-	-	-	-	76.5	-	-	-	-	-	-	-	61.8	-	-	-	-	-	-	-	-	-	-	-	-	0.0	138.3		
Walton	Clive	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	71.0	-	-	-	-	-	-	-	-	-	-	Yorkshire Marathon	58.8	-	0.0	129.8
Hetherington	Mark	-	-	-	76.6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	23.0	99.5			
Haddon	Kirk	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	75.8	-	-	-	-	-	-	-	-	-	-	-	-	-	22.7	98.5		
Pritchard	Gary	-	-	-	74.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	22.3	96.8	
Ayers	Mike	-	-	-	-	-	-	-	-	-	-	-	-	92.6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	92.6		
Johnson	Peter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	77.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	77.5		
Beston	Dave	-	-	-	-	-	-	-	-	-	-	-	-	-	65.0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	65.0		
Wilson	Andrew	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	62.4	-	-	-	-	-	-	-	-	-	-	-	0.0	62.4		
White	Alastair	-	-	-	-	-	-	-	-	56.2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.0	56.2		

